



January 2017

Senior Dining



Fellowship, Food & Fun

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
CLOSED	Sloppy Joe on Bun Peas & Carrots #6 Tropical Fruit Salad Carnival Cookie V.O: Veggie Sloppy Joe Cake for Cambridge	*Ham Slice Saucy Sweet Potatoes California Blend Fresh Fruit Dinner Roll/Butter Frosted Cake VO: Vegetarian Burger	Chicken-Ala-King Biscuit Brussel Sprout #6 Apricots Half Lemon Bar VO-Veggie Ala-King	Meat Sauce over W.W. Spaghetti Parmesan Cheese Turnip Greens w/Dice Turnips 1C Cinn. Applesauce Garlic Bread Sugar Cookie VO: Veggie Spaghetti Sauce
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Chicken Alfredo over W.W. Fettucine Noodles Garden Blend 2x#8 Pineapple/Mand. Orange Mix Bread Stick Vanilla Ice Cream V.O. Veggie Alfredo	Chili Crackers – 3 pkt. Tossed Greens 1 C w/2 Tomato Wedge's & Dressing Fruit Cocktail Key Lime Tart VO: Veggie Chili	*Pork Cutlet w/ Mushroom Gravy Mashed Potato Oriental Blend Sliced Pears Enriched Bread/Butter Vanilla Pudding V.O: Baked Pot w/Veggie Cheese Sauce	Swiss Burger on Bun Onion Slice & Tomato Slice Baked Beans #6 Fruit Cup Ketchup /Mustard Brownies VO: Mediterranean Burger	Pepper Steak w/Onions Brown Rice Broccoli Flowerets W.W. Bread/Butter Fruit Cocktail in Jell-O w/Topping VO: Veggie Pepper Mixture
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
CLOSED	Beef Stew 2x#6 ladle Biscuit/Marg. Sliced Pear's Blueberry Pie VO: Vegetarian Stew	Chicken & Dumplings Carrots #6 Tropical Fruit Salad Enriched Bread/Butter Sugar Cookie VO: Hummus Wrap w/Tomato, Cucumbers & Leaf Lettuce	Hearty Bean Soup Chicken Salad on W.W Bread w/Lettuce Tomato Juice Fruit Cocktail Chocolate Chip Cookie VO: Egg Salad Sandwich	*Swedish Meatballs Mashed Potatoes Green Beans with Almonds Peaches Rye Bread/Butter Ice Cream S.M. Bellville VO: Vegetarian Meatballs
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Salisbury Steak in Gravy Boiled Red Potatoes Broccoli Flowerets Pear Half Dinner Roll/Butter Key Lime Tart VO-Veggie Noodle Cass.	Philly Cheese Sandwich Four Bean Salad 2x #8 Banana Pumpkin Bar VO: Wrap w/Cucumbers, Tomato, & Cheese	Baked Chicken Potato Salad Spinach Fresh Apple Enriched Bread/Butter Chocolate Ice Cream VO: Morningstar Veggie Burger on Bun	Potato Crusted Fish on Bun w/Shredded Lettuce/Tartar Sauce Carrots Pea Salad Fresh Fruit Apple Pie V.O: Cheese Sandwich Sub.	Turkey Roast w/Gravy Yams Capri Blend W.W. Bread/Butter Strawberry Shortcake w/Topping V.O. Black Bean Burger
Monday 30	Tuesday 31			
*Scalloped Potatoes W/Ham Turnip Greens w/Dice Turnips 1C Apricots Half Enriched Bread/Butter Vanilla Ice Cream VO: Scalloped Potato Casserole	Roast Beef w/Gravy Mashed Potatoes California Blend Sliced Peaches W.W. Bread/Butter Brownies VO: Vegetarian Meatballs in Gravy			

Tuesday & Thursday blue shaded days are Meals on Wheels ONLY

Wednesday Salad Option

(Wednesday by request in addition to main menu option)

Ingredients available upon request.

Jan. 4 Garden Salad

Jan. 11 Chicken Ranch Salad

Jan. 18 Chef Salad

Jan. 25 Taco Salad

Meals provided by Dane County Consolidated Food Services Division.

For reservations or cancellations, call by 10AM the day before the desired meal. (Monday meals must be reserved by Friday.) Meals served at 11:45AM. Actual cost: \$7.50 Congregate. \$7.75 MOW. Minimum Suggested Donation is \$4.00. Please contribute what you can afford.