



December 2016

Senior Dining



Fellowship, Food & Fun

			Thursday 1	Friday 2
			Sloppy Joe on Bun Peas & Carrots Tropical Fruit Salad Carnival Cookie V.O: Veggie Sloppy Joe	*Pork Cutlet w/ Mushroom Gravy Mashed Potato Oriental Blend Sliced Pears Enriched Bread/Butter Vanilla Pudding V.O: Baked Pot w/Veggie Cheese Sauce
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Swiss Burger on Bun Onion Slice & Tomato Slice Baked Beans Fruit Cup Ketchup /Mustard Brownies VO: Mediterranean Burger	Chicken-Ala-King Biscuit Brussel Sprout Apricots Half Sugar Cookie VO-Veggie Ala-King Cake for Cambridge	*Ham Slice Saucy Sweet Potatoes California Blend Fresh Fruit Dinner Roll/Butter Frosted Cake VO: Vegetarian Burger	Pepper Steak w/Onions Brown Rice Broccoli Flowerets W.W. Bread/Butter Fruit Cocktail in Jell-O w/Topping VO: Veggie Pepper Mixture	*Meat Balls in Gravy ½ Baked Potato w/Butter & Sour Cream Squash Pineapple Tidbits Enriched Bread/Butter Chocolate Pudding VO-Veggie Meatball
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
*Open Face Hot Roast Pork Sandwich/Gravy Mashed Potatoes Garden Blend Fresh Orange Cookie Pkt. VO: Hummus Wrap w/Peppers & Tomato	Beef Stew Biscuit/Marg. Sliced Pear's Blueberry Pie VO: Vegetarian Stew	Meat Sauce over W.W. Spaghetti Parmesan Cheese Turnip Greens w/Dice Turnips 1C Cinn. Applesauce Garlic Bread Jell-O Cake VO: Veggie Spaghetti Sauce	Hearty Bean Soup Chicken Salad on W.W Bread w/Lettuce Tomato Juice Fruit Cocktail Chocolate Chip Cookie VO: Egg Salad Sandwich	*Buffet Ham Augratin Potatoes Glazed Baby Carrots Chunky Applesauce Dinner Roll/Marg Christmas Cookie Special Holiday Meal VO-Augratin Potatoes w/Soy
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Salisbury Steak in Gravy Mashed Potatoes Broccoli Flowerets Pear Half Dinner Roll/Butter Key Lime Tart VO-Veggie Noodle Cass.	Philly Cheese Sandwich Four Bean Salad Banana Pumpkin Bar VO: Wrap w/Cucumbers, Tomato, & Cheese	Baked Chicken Potato Salad Spinach Fresh Apple Enriched Bread/Butter Chocolate Ice Cream VO: Morningstar Veggie Burger on Bun	Potato Crusted Fish on Bun w/Shredded Lettuce/Tartar Sauce Carrots Pea Salad Fresh Fruit Cookie V.O: Cheese Sandwich Sub.	CLOSED
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
CLOSED	*BBQ Ribs on Bone Sweet Potatoes w/Cinn.- Sugar-Butter Ham Flavored Greens Tropical Fruit Salad Corn Bread w/Butter Banana Cream Pie Special Meal: MSC VO-Veggie Ribbet Plain Greens	Chicken & Dumplings Carrots Tropical Fruit Salad Enriched Bread/Butter Sugar Cookie VO: Hummus Wrap w/Tomato, Cucumbers & Leaf Lettuce	Vegetable Barley Soup Crackers – 2 pkt. Tuna Salad on Croissant w/Lettuce V-8 Juice Fruit Cup Peach Pie VO: Cheese on Croissant	CLOSED
Tuesday & Thursday blue shaded days are Meals on Wheels ONLY				

Wednesday Salad Option

(Wednesday by request in addition to main menu option)
Ingredients available upon request.

Dec. 7 Garden Salad

Dec. 14 Chicken Ranch Salad

Dec. 21 Chef Salad

Dec. 28 Taco Salad

Meals provided by Dane County Consolidated Food Services Division.

For reservations or cancellations, call by 10AM the day before the desired meal. (Monday meals must be reserved by Friday.) Meals served at 11:45AM. Actual cost: \$7.50 Congregate. \$7.75 MOW. Minimum Suggested Donation is \$4.00. Please contribute what you can afford.