

Dane County's Caregiver Program, referred to as *Caring for Caregivers*, recognizes the critical role of families and friends in providing care to older adult family members, friends, and neighbors; and the role of older adults in raising grandchildren and caring for severely disabled adult children or relatives ages 18–59. Programs and services support and guide caregivers in their efforts to help their loved ones live at home as long as possible while caring for themselves in the process.

Funded by the National Family Caregiver Support Program (NFCSP), the Older Americans Act, and Dane County, it provides help to those caring for:

- persons age 60 and older, or
- persons with Alzheimer's disease and related disorders regardless of age, or
- children (under age 18) being raised by their grandparents or other relatives (age 55+), or
- disabled adults (age 18–59) receiving care from their parents, grandparents, or other relatives (age 55+)



For more information, contact:

Jane De Broux
Caregiver Program Coordinator

(608) 261-5679
debroux.jane@countyofdane.com



Check out our website:

aaa.dcdhs.com/cg_support.aspx



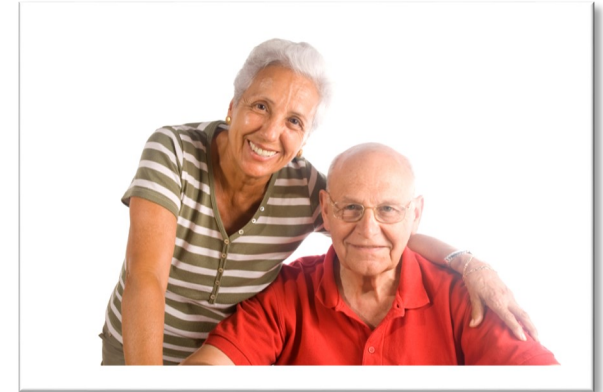
Find us on Facebook:

www.facebook.com/servingcaregivers/

Area Agency on Aging of Dane County Caregiver Program

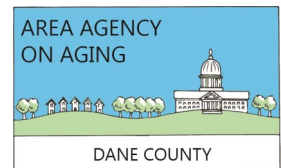


Caring for Caregivers



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Madison, WI 53704
Phone: (608) 261-9930
Fax: (608) 261-9787
TTY: Wisconsin Relay 7-1-1
Email: aaa@countyofdane.com
<https://aaa.dcdhs.com>

*Co-located in the Aging & Disability
Resource Center of Dane County*



Dated 8/29/19



If you do any of these for an older adult family member, friend, or neighbor you are a Caregiver!

- Monitor medications
- Shop with them or for them
- Provide transportation
- Attend medical appointments
- Help with meals
- Help with cleaning, snow removal, or other home chores
- Manage or help with finances
- Provide care in your home or theirs
- Care for someone long distance



The Caring for Caregivers Program offers:

Caregiver Chronicles Newsletter

Monthly digital newsletter with information, educational articles, event listings, and links to caregiver resources and programs. Also available via regular mail.

Caring for Caregivers Grants

Caregiving is challenging, and in order to care for others we need to be able to take a break and care for ourselves. NFCSP grants are available to provide respite and supplementary services. Funds may be used to provide self-care services for the caregiver. There is no means test for eligibility.

Referrals and Resources

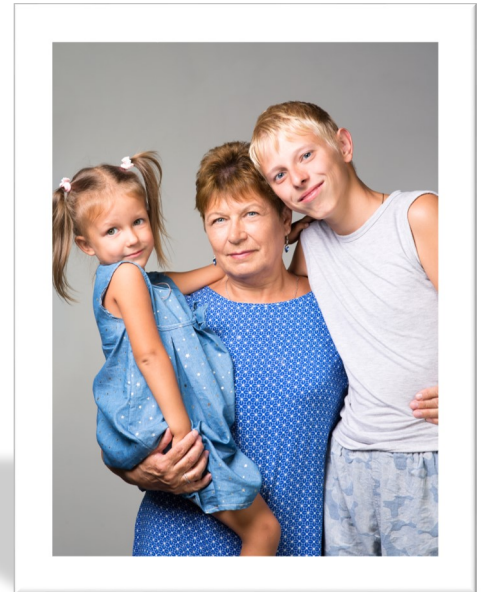
Assistance and problem-solving related to caregiving. Whether you need practical solutions, someone to talk to, or classes that help with your own self-care, we can help.

Resources for Employed Caregivers

Educational presentations and employer consultations are available.

Support Groups

For a complete listing of caregiver support groups in Dane County, see: aaa.dcdhs.com/cg_support.aspx



Grandparents & Other Relatives as Parents Caregiver Program

Provides support, education, and resources for primary caregivers (ages 55+). Contracted through *The Rainbow Project*.

Latinx Grandparents Group

Offers monthly support group (in Spanish) for Latinx grandparents raising their grandchildren. Contracted through *NewBridge Madison*.

Contact the Caregiver Program Coordinator for more information on any of these programs: (608) 261-5679 or debroux.jane@countyofdane.com